

## Booking Form

If you would like to book a place on a Fairplay Tennis Camp simply fill in this form indicating which dates you would like to attend and return this form to us at the address below. The price of each course is £130.00 (£110.00 if you are an Oxford City Club Member).

Name: .....

Male:  Female:  Date of Birth: .....

Ability: Beginner:  Intermediate:  Advanced:

### Location and dates of camps you wish to attend:

.....  
.....  
.....

### Your details:

Contact name: .....

Address: .....

.....

.....

.....

Postcode: .....

Email address: .....

Tel: .....

Emergency contact: (if different) .....

Signed .....

Dated .....

### Please send cheques to:

Seth Dixon, Ramblers Cottage, The Walk, Main Road, Alvescot, Bampton, Oxon, OX18 2PU

Please include an SAE if you require confirmation of your booking.

Please note that 50% of the course fee will be refundable for any cancellation made more than 14 days prior to the starting date of the relevant camp. Fairplay tennis can accept no responsibility for any loss or damage to personal belongings incurred at the camp.



## The Coach

My name is Seth Dixon and I am a full-time tennis coach based in and around Oxfordshire and Head Coach of Oxford City Tennis Club.

As well as the club I also teach at various other locations including schools.

I am fully licensed by the LTA, hold the RPT 'International Professional' and USPTA 'Pro One' qualifications. I also regularly undertake courses to update and further my knowledge and exchange ideas with other coaches.

My job gives me great satisfaction and I hope, as with any other committed tennis coach, to one day have a national or Grand Slam champion! Perhaps this is you.



**Seth Dixon**  
Head Coach Oxford City LTC. LTA Licensed (level 4) tennis coach. USPTA Elite Pro & European National Master Professional. RPT Director of Tennis.



## FPTA: Fairplay Tennis Academy

We also offer squads & individual / paired lessons during term time for players wishing to continually improve, working toward competition or as a competitor (entry level through to performance players). Training for adult groups, individuals lessons and club social tennis available.

We are always in search of the next Elite player - have you got what it takes? We can help you achieve your tennis goals.

Call us for more information.

## Fairplay Tennis Academy

Ramblers Cottage, The Walk, Main Road, Alvescot, Bampton, Oxon, OX18 2PU

Telephone: 07793 74 73 72

Email: seth@fairplaytennis.com

Web: www.fairplaytennis.com



# Tennis Camps 2019

For boys and girls aged 7-15

Held at Oxford City Tennis Club, Glanville Road, Cowley, Oxford

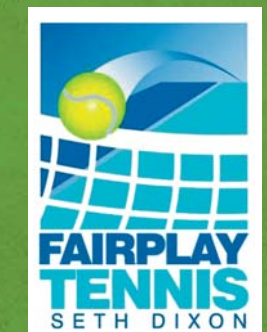
Easter Holidays

May Half Term

Summer Holidays



Fully licensed by the LTA, RPT 'International Professional' and USPTA 'Pro One' qualifications.





# Tennis Camps 2019

**A**t Fairplay Tennis we believe that the best way to learn is through having fun! We'll teach you all the aspects of the game that you'll need to become a tennis star of the future.

We are running tennis camps throughout the year at Oxford City Tennis Club, Glanville Road, Cowley. Situated in the grounds of Oxford Spiers Academy - the tennis club is situated on the fields behind the school. The camps are for boys and girls aged 7-15.

## At tennis camp you will need:

- ☀️ A tennis racket
- 🎾 Tennis shoes or trainers
- 🍱 A packed lunch and plenty to drink
- 🧴 Sun cream (a hat/cap is always a good idea too!)
- ☔ Waterproof clothing (we can't guarantee the sunshine!)
- 🔥 Lots of energy and enthusiasm!



## 🎾 Tennis Camps

The Junior camps take place at various dates throughout the year and are based at Oxford City Tennis Club. The camps are non-residential Monday - Friday and are for both boys & girls ages 7-15 years. Here you will work on improving and learning new shots, see yourself in the video analysis sessions and also perform under pressure in match situations. Prizes earned through fun games, trophies and medals to compete for with a certificate of completion to go home with.

## Tennis Camps dates for 2019

All camps run from **Monday to Friday 9am - 2pm** (Early drop off and late pick up fees apply).

### April Easter Camps

📅 April 15th - 19th

### May Half-Term Camp

📅 May 27th - 31st

### Summer Camps

📅 July 29th - August 2nd

📅 August 5th - 9th

## To book a place on the course

Complete the form on this leaflet and return with a cheque or request transfer details via email. For more information call Seth Dixon on 07793 74 73 72.



## At Fairplay Tennis the emphasis is on having lots of fun, but you will also learn:

🎯 **Technique:** Its impossible to get the ball to do what you want if your technique isn't up to scratch. We use video technology which allows players' technique to be analysed in slow motion, making any errors easy to spot and correct.

🏃 **Footwork:** Movement is key in tennis. If you can't get to the ball in the first place it doesn't matter how good your shots are! We'll teach you how to make sure you're in the right place at the right time.

🎯 **Tactics:** Once you know how to hit the ball, we'll teach you where to hit it!

🏆 **Confidence:** Self-belief is crucial in tennis, especially when it comes to those big points. Learn how to hold your nerve and success will follow.

🥗 **Diet:** At Fairplay tennis, we'll advise you on what to eat and drink to optimise your fitness, energy, and stamina so you can play tennis all day long.

